



Meets National Standards for: ✓ ASTM F1487-17 ✓ CPSC Guidelines #325

Product Description

Improving abdominal and core strength is as straightforward as ever with the Straight Sit Up Bench, another product offering from PlaygroundEquipment.com's line of children's outdoor fitness equipment. True to its name, the Straight Sit Up Bench is a flat bench that runs parallel to the ground; however, what separates it from a typical metal bench is the foothold at one end, which enables sit ups to be performed. The foothold acts as a way to counterbalance the rest of the body while kids perform sit ups. That said, sit ups aren't the only exercise that the Straight Sit Up Bench enables. Angled push ups, lunges, and a wide variety of stretches can also be done using the Straight Sit Up Bench, making it the perfect addition to one's outdoor fitness circuit.&nbs...

Product Specifications

Price: \$1,242.⁰⁰

Model Number: PGC010

Age Range: 2-12 years

Child Capacity: 0-1

Fall Height: 20"

Product Type: Kids Gym

Safety Zone: 13' 0" x 16' 0"