

## Sit-Up Station

**Model Number**

UP254

**Fall Height**

Optional 1'-6"

**Use Zone**

8'-7½" x 13'-10"



### Product Description

While performing a standard workout routine, the Sit-Up Station makes it easier for users to emphasize their abdominal muscles. The user should simply place their feet under the support bar and then perform a model sit-up to help maximize their workout. Intended for ages 13 and up.

### Materials and Features

- Steel powder coated frame
- Multiple color options
- Stainless steel hardware
- In-ground mount installation
- Long lasting with little maintenance
- Constructed of durable materials and backed by the industry's leading warranty

### Health Benefits

- Core fitness
- Muscle development